

The Family Learning Center Guide

The **At Home Independent Living Family Learning Center** is a vast educational resource for families with a loved one who is beginning to need care. The Family Learning Center offers over 50 courses relating to the roles, responsibilities and challenges surrounding the care of our elderly loved ones. Topics of our family courses range from understanding signs and symptoms of Alzheimer's disease, managing and coping with challenging behaviors, daily care skills, First Aid and even information on how to create engaging activities for your family member.

All of these courses are online and are very easy to use. Here's how you can access the Family Learning Center powered by aQuire Training Solutions:

Step 1: Go to <http://www.aquiretraining.com/family/athomeindependentliving>

Step 2: Enter the following login information:

Username: [athomeindependent](#)

Password: [athomeindependentcare](#)

Step 3: Click on the title of a course that is interesting to you. You'll use the arrows at the bottom of the screen to navigate forward and backward in the course.



helper and guide through this traumatic experience. Included is a discussion of commonly asked questions, how to put yourself in the shoes of a person with memory loss, and tricks to keep your own memory sharp. [top](#)

[- view course -](#)



ALZH: What Families Should Know

View an in-depth discussion of the process for diagnosing Alzheimer's disease and dementia with important warning signs of the disease and primary causes. [top](#)

[- view course -](#)

- >> Assessments and Care Planning
- >> Documenting care
- >> Wandering: Staying safe

Caregiver Training

- >> Avoiding Caregiver Stress
- >> Becoming a Caregiver
- >> Body Systems and the Aging Process
- >> Common Chronic Diseases
- >> Common Communicable Diseases
- >> Communicating with Others
- >> Controlling Infection
- >> Elimination and Toileting
- >> End of Life Care
- >> Environmental Hazards and Safety

50+
Courses!